

Windlesham PSHE Overview – 2016/17 (years 7 and 8)



	Autumn Term	Spring Term	Summer Term
Year 8 / 1s	<ul style="list-style-type: none"> ✓ Personal support networks ✓ Promoting emotional well-being ✓ Risks to a healthy lifestyle ✓ Unhealthy coping strategies – self harm, anxiety and depression ✓ Resilience 	<ul style="list-style-type: none"> ✓ Relationships and sex education ✓ Diversity, discrimination, prejudice and tolerance 	<ul style="list-style-type: none"> ✓ Careers ✓ Budgeting ✓ Economic understanding ✓ enterprise
Year 7 / 2s	<ul style="list-style-type: none"> ✓ Self-image ✓ Values ✓ Prejudice, stereotypes, discrimination and diversity ✓ Bullying ✓ relationships 	<ul style="list-style-type: none"> ✓ Relationships and sex education ✓ Healthy choices ✓ Risk taking behaviours 	<ul style="list-style-type: none"> ✓ Work roles ✓ Study skills ✓ Economic understanding ✓ The law relating to children