

Windlesham PSHE Long Term Overview – 2016/17



	Autumn Term	Spring Term	Summer Term
Pre-Prep			
Year 1	<ul style="list-style-type: none"> ✓ Healthy lifestyle ✓ Keeping Safe ✓ Relationships 	<ul style="list-style-type: none"> ✓ Positive contribution ✓ Growing and Changing 	<ul style="list-style-type: none"> ✓ Medicine and drugs ✓ Feelings
Year 2	<ul style="list-style-type: none"> ✓ Healthy lifestyle ✓ Keeping Safe ✓ Relationships 	<ul style="list-style-type: none"> ✓ Positive contribution ✓ Growing and Changing 	<ul style="list-style-type: none"> ✓ Medicine and drugs ✓ Feelings

	Autumn Term	Spring Term	Summer Term
PREP			
Year 3 / Transition	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ Identifying and naming different kinds of feelings ✓ Developing and maintaining healthy relationships ✓ Bacteria and viruses ✓ Healthy food choices 	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ How our actions can affect others ✓ Strategies that keep us safe – physical, emotional and online safety 	<ul style="list-style-type: none"> ✓ Living in the wider world ✓ About different kinds of rights and responsibilities ✓ About rights and responsibilities we have to take care of the environment ✓ About being part of a community ✓ How other people live in different parts of the world
Years 4 / 5s	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ Appropriate responses to a wider range of feelings in others ✓ The concept of confidential/secret ✓ How to recognise and 	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ About the kinds of change that they of their family or friends have experienced ✓ How loss can come in many forms 	<ul style="list-style-type: none"> ✓ Living in the wider world ✓ Everyone has human rights and some are specifically for children ✓ The range of national, regional, religious and ethnic identities in the UK ✓ About the role of money in

	<p>manage dares</p> <ul style="list-style-type: none"> ✓ Celebrating achievement ✓ Personal strengths and how to develop them ✓ Feelings – good and not so good ✓ How feelings can be managed – both their own and other peoples 	<ul style="list-style-type: none"> ✓ About acceptable and unacceptable physical contact ✓ how to respond to unacceptable physical contact ✓ About how to challenge stereotyping 	<p>their own and others' lives</p>
<p>Year 5 / 4s</p>	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ Mindfulness 	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ About puberty and body changes ✓ How puberty leads to adolescence ✓ About different types of relationships (friends, families, couples, marriage, civil partnership) ✓ About discrimination, teasing, bullying and aggressive behaviour and its effect on others 	<ul style="list-style-type: none"> ✓ Living in the wider world ✓ About lives of people living in other places ✓ About 'interest', 'loan' and 'debt' ✓ About money management ✓ To become a critical consumer

<p>Year 6 / 3s</p>	<ul style="list-style-type: none"> ✓ Relationships/health and well-being ✓ How to respond appropriately to a wider range of feelings in others ✓ About managing 'dares' ✓ About the positive and negative influences on health and wellbeing ✓ How media influences can affect choices ✓ About the effects of legal and illegal substances and drugs (including alcohol and tobacco) 	<ul style="list-style-type: none"> ✓ Relationships/ health and well-being ✓ About personal safety ✓ About the importance of protecting personal information online ✓ About the importance of protecting images of the pupils themselves and others ✓ About human reproduction and that pregnancy can be prevented ✓ About roles and responsibilities of parents and carers 	<ul style="list-style-type: none"> ✓ Living in the wider world ✓ About the allocation of the earth's resources ✓ How to resolve difference ✓ About enterprise and its importance for work and society
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